

### Monday



### Tuesday



### Wednesday

### Thursday

### Friday

**6**  
Grilled Cheese Sandwich  
Tomato Soup, 1/2 cup  
Green Bell Peppers, 1/2 cup  
Fruit Cup, 1/2 cup  
Choice of Milk


**7**  
BBQ Shredded Pork on Pretzel Roll  
Shredded Lettuce  
Sweet Potato Fries, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**8**  
North American Cuisine  
Beef Chili over Seasoned Rice  
Roasted Corn, 1/2 cup  
Refried Beans, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**9**  
Chicken Patty Parmigiana/ WG Bun  
Roasted Broccoli, 1/2 cup  
Fruit Cup, 1/2 cup  
Choice of Milk

**10**  
Alfredo Pasta  
Sautéed Spinach, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**13**  
Pork Meatballs & WG Spaghetti  
Sautéed Green Beans, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**14**  
Beef & Cheese Quesadilla  
Sweet Potato Fries, 1/2 cup  
Fresh Fruit, 1/2 cup  
  
**STRAWBERRY MILK**

**15**  
Asian Day  
Sweet & Sour Chicken  
Brown Rice  
Steamed Broccoli, 1/2 cup  
Chilled Pineapple Cup, 1/2 cup  
Choice of Milk

**16**  
Turkey Taco on WG Soft Shell  
Roasted Corn, 1/2 cup  
Roasted Chickpeas, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**17**  
Cheese or Turkey Pepperoni Pizza  
Zucchini Parmesan, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**NO SCHOOL** **20**  
  
**PRESIDENTS DAY**

**21**  
Hamburger/Cheese on WG Bun  
Shredded Lettuce and Tomato  
Vegetarian Beans, 1/2 cup  
Fruit Cup, 1/2 cup  
Choice of Milk

**22**  
European Day  
Pierogies  
Roasted Broccoli, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**23**  
Roasted Herb Chicken  
Sliced Bread  
Mashed Potatoes, 1/2 cup  
Petite Peas, 1/2 cup  
Applesauce, 1/2 cup  
Choice of Milk

**24**  
Tomato Grilled Cheese Sandwich  
Sweet Potato Fries, 1/2 cup  
Romaine Lettuce Salad  
Fresh Fruit, 1/2 cup  
Choice of Milk

**27**  
Colby Cheese Omelet  
Wrapped in a WG Soft Shell  
Potato Puffs, 1/2 c  
Tomato Salsa, 1/2 c  
Fresh Fruit, 1/2 c  
Choice of Milk

**28**  
Fiestada Pizza  
Black Bean Salad, 1/2 cup  
Roasted Corn, 1/2 cup  
Fruit Cup, 1/2 cup  
Choice of Milk



**Available Daily**

Peanut Butter or Sun Butter & Jelly Sandwiches  
American Cheese Sandwiches  
Sandwiches on Whole Grain Bread

A side salad of leafy dark green vegetable is offered daily.

Milk is available with every meal. Choose 1% White Milk or Fat Free White Milk daily.  
Fat Free Chocolate milk is available **Tuesdays** and **Thursdays**.

Select a fruit **AND/OR** vegetable with your sandwich.

You may also choose your choice of milk.

**MENUS MUST BE POSTED AT ALL TIMES FOR NEW YORK STATE INSPECTION. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.**