

# PreK-Grade 8

## MARCH 2018 Child Nutrition Program



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>5</b></p> <p>Grilled Cheese Sandwich Steamed Carrots, ½ cup Potato Smiles, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>	<p><b>6</b></p> <p><b>Taco Tuesday</b> *Pork Taco on Soft Shell Shredded Lettuce Red Kidney Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>	<p><b>7</b></p> <p><b>Italian Day</b> Chicken Parmigiana On Baked Bun Steamed Broccoli, ½ cup Fruit Cup, ½ cup Choice of Milk</p>	<p><b>1</b></p> <p>Mozzarella Sticks &amp; Chicken Smackers <b>COMBO!</b> Marinara Sauce Carrot Sticks, ½ cup Potato Smiles, ½ cup Fruit Cup, ½ cup Choice of Milk</p>	<p><b>2</b></p> <p>Cheese Pizza Steamed Spinach, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>
<p><b>12</b></p> <p>Baked Macaroni &amp; Cheese Cucumber Coins, ½ cup Steamed Carrots, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>	<p><b>13</b></p> <p><b>Taco Tuesday</b> *Shredded Pork on Soft Shell Green Pepper Strips, ½ cup Sweet Potato Fries, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>	<p><b>14</b></p> <p><b>Asian Day</b> Sweet &amp; Sour Chicken Seasoned Brown Rice Steamed Broccoli, ½ cup Chilled Peach Cup, ½ cup Choice of Milk</p>	<p><b>8</b></p> <p>Hot Turkey Ham Sandwich Sweet Potato Fries, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>	<p><b>9</b></p> <p>Homemade Baked Ziti Steamed Green Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>
<p><b>19</b></p> <p>Three-Bean Chili Seasoned Brown Rice Steamed Carrots, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>	<p><b>20</b></p> <p><b>Taco Tuesday</b> Turkey Taco on Soft Shell Black Bean Salad, ½ cup Roasted Corn, ½ cup Fruit Cup, ½ cup Choice of Milk</p>	<p><b>21</b></p> <p><b>Build Your Own Burger</b> Hamburger on Baked Bun American Cheese &amp; Sliced Tomato Sweet Potato Fries, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>	<p><b>15</b></p> <p>Chicken Smackers with Ketchup Bread Slice Vegetarian Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>	<p><b>16</b></p> <p>Potato Crusted Fish Patty on Baked Bun Carrot Sticks, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>
<p><b>26</b></p> <p>Colby Cheese Omelet Wrapped in Soft Shell Sweet Potato Fries, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>	<p><b>27</b></p> <p>Chicken and Cheese Quesadilla Steamed Carrots, ½ cup Green Pepper Strips, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>	<p><b>28</b></p> <p>*Crispy Boneless Pork Chop with Gravy Dinner Roll Black Bean Salad, ½ cup Roasted Corn, ½ cup Fruit Cup, ½ cup Choice of Milk</p>	<p><b>22</b></p> <p>*Pork Meatballs &amp; Rotini Pasta Steamed Green Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>	<p><b>23</b></p> <p><b>EST. 1943</b> <b>UNO</b> PIZZERIA &amp; GRILL Cheese Pizza Steamed Broccoli, ½ cup Carrot Sticks, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>
<p><b>26</b></p> <p>Colby Cheese Omelet Wrapped in Soft Shell Sweet Potato Fries, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>	<p><b>27</b></p> <p>Chicken and Cheese Quesadilla Steamed Carrots, ½ cup Green Pepper Strips, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>	<p><b>28</b></p> <p>*Crispy Boneless Pork Chop with Gravy Dinner Roll Black Bean Salad, ½ cup Roasted Corn, ½ cup Fruit Cup, ½ cup Choice of Milk</p>	<p><b>29</b></p> <p>Chicken Alfredo Pasta Steamed Broccoli, ½ cup Fresh Fruit, ½ cup Choice of Milk</p>	<p><b>30</b></p> <p>Mozzarella Sticks with Marinara Sauce Steamed Green Beans, ½ cup Fruit Cup, ½ cup Choice of Milk</p>

**Available Daily**  
Peanut Butter or Sun Butter & Jelly Sandwiches  
American Cheese Sandwiches  
A side salad (1 cup) of leafy dark green vegetable is offered daily.  
½ cup Fresh Fruit options will be offered daily  
**Select a fruit AND/OR vegetable with your sandwich.**

You may also choose your choice of milk:  
**PreK-8 Participants:** Milk is available with every meal. Choose 1% White Milk or Fat Free White Milk daily.  
**K-8 Participants ONLY:** Fat Free Chocolate milk is available Tuesdays and Thursdays.  
**ALL GRAIN PRODUCTS ARE WHOLE GRAIN.**  
**ALL FOOD ITEMS MEET USDA: NSLP/SBP REQUIREMENTS.**  
**\*=pork item will be substituted with a non-pork item to equate meat/meat alternative**

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