

MAY 2018 Child Nutrition Program

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
7 Baked Macaroni & Cheese Cucumber Coins, $\frac{1}{2}$ cup Steamed Carrots, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	1 <i>Taco Tuesday</i> Shredded Turkey Taco on Soft Shell Red Kidney Beans, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	2 <i>Italian Day</i> Chicken Parmigiana On Slider Roll Steamed Broccoli, $\frac{1}{2}$ cup Fruit Cup, $\frac{1}{2}$ cup Choice of Milk	3 Hot Turkey Ham Sandwich Sweet Potato Fries, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	4 Homemade Baked Ziti Steamed Green Beans, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk
8 Fiesta Pizza Green Pepper Strips, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	2 Steamed Broccoli, $\frac{1}{2}$ cup Fruit Cup, $\frac{1}{2}$ cup Choice of Milk	9 <i>Asian Day</i> Sweet & Sour Chicken Seasoned Brown Rice Steamed Broccoli, $\frac{1}{2}$ cup Chilled Peach Cup, $\frac{1}{2}$ cup Choice of Milk	10 Chicken Bites with Ketchup Bread Slice Potato Smiles, $\frac{1}{2}$ cup Steamed Chickpeas, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	11 UNO Cheese Pizza Carrot Sticks, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk
14 Three-Bean Chili Seasoned Brown Rice Steamed Carrots, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	15 <i>Taco Tuesday</i> Turkey Taco on Soft Shell Black Bean Salad, $\frac{1}{2}$ cup Roasted Corn, $\frac{1}{2}$ cup Fruit Cup, $\frac{1}{2}$ cup Choice of Milk	16 <i>Build Your Own Burger</i> Hamburger on Slider Roll American Cheese & Sliced Tomato Sweet Potato Fries, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	17 Chicken Smackers & Rortini Pasta Steamed Green Beans, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	18 Potato Crusted Fish Patt on Slider Roll Steamed Broccoli, $\frac{1}{2}$ cup Carrot Sticks, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk
21 Cheesy Stuffed Bread Sticks with Marinara Sauce Steamed Green Beans, $\frac{1}{2}$ cup Fruit Cup, $\frac{1}{2}$ cup Choice of Milk	22 Chicken and Cheese Quesadilla Steamed Carrots, $\frac{1}{2}$ cup Green Pepper Strips, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	23 Oven Crispy Chicken with Gravy Dinner Roll Black Bean Salad, $\frac{1}{2}$ cup Mashed Potato, $\frac{1}{2}$ cup Fruit Cup, $\frac{1}{2}$ cup Choice of Milk	24 Chicken Alfredo Pasta Steamed Broccoli, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	25 UNO Cheese Pizza Carrot Sticks, $\frac{1}{2}$ cup Fruit Cup, $\frac{1}{2}$ cup Choice of Milk
28 Grilled Cheese Sandwich Steamed Carrots, $\frac{1}{2}$ cup Potato Smiles, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	29 <i>Taco Tuesday</i> Beef Taco on Soft Shell Shredded Lettuce Red Kidney Beans, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	30 <i>Italian Day</i> Chicken Parmigiana On Slider Roll Steamed Broccoli, $\frac{1}{2}$ cup Fruit Cup, $\frac{1}{2}$ cup Choice of Milk	31 Hot Turkey Ham Sandwich Sweet Potato Fries, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	

Available Daily
 Peanut Butter or Sun Butter & Jelly Sandwiches
 American Cheese Sandwiches
 A side salad (1 cup) of leafy dark green vegetable is offered daily.
 $\frac{1}{2}$ cup Fresh Fruit coins will be offered daily.
 Select a fruit AND/OR vegetable with your sandwich.

You may also choose your choice of milk:
 Pre-K-8 Participants: Milk is available with every meal. Choose 1% White Milk or Fat Free White Milk only.
 K-8 Participants ONLY: Fat Free Chocolate milk is available Tuesdays and Thursdays.
 ALL GRAIN PRODUCTS ARE WHOLE GRAIN.
 ALL FOOD ITEMS MEET USDA: NSIP/SBP REQUIREMENTS.
 *non-pork item will be substituted with a non-pork item to equate meat/meat alternative

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 Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

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